

Appendix 1 Community Planning Quarterly Briefing July to September 2016

Welcome to this quarterly community planning briefing designed to give everyone involved with Caerphilly Delivers - The Single Integrated Plan 2013-2017 an overview of progress on delivering the priorities of the five outcomes: Prosperous Caerphilly; Safer Caerphilly; Learning Caerphilly; Healthier Caerphilly and Greener Caerphilly. Information has been supplied by the officers coordinating delivery on the outcomes, so please feel free to get in touch directly with the named officers for further information.

Community Planning (Jackie Dix, Alison Palmer & Paul Cooke)

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CAERPHILLY COUNTY BOROUGH ASSESSMENT OF LOCAL WELL-BEING

Central to the Caerphilly county borough approach in undertaking the Future Generations assessment of local well-being has been engaging with our Caerphilly Public Services Board partner organisations, Compact Partners through our Compact Agreement with the third sector, local people and communities. The *Caerphilly We Want* conversation kicked off at the Caerphilly Local Service Board Standing Conference on 22nd March 2016. This has been followed by various events including: View Point Panel Session with local residents on 11th July 2016; and community engagements events in the Upper Rhymney Valley held 28th July 2016; Mid Valleys East held 11th August 2016 and Mid Valleys West held 25th August 2016.

Forth coming events are:

- Caerphilly Basin and Aber Valley at the Vanguard Centre on 7th September from 10am to 1pm
- Lower Sirhowy Valley/Lower Islwyn at Cross Keys College on 20th September at 6pm to 8pm
- Future Scenarios Planning Event at Penallta House on 20th September from 9:45am to 1pm

Places are allocated on a first come, first serve basis. For more information or to book a place please call 01443 866391 or e-mail doylevm@caerphilly.gov.uk

The conversation will be concluded at an event of the Caerphilly Public Services Board Standing Conference on 14th October 2016. Thereafter the Caerphilly County Borough Assessment of Local Well-being will be drafted for publication by March 2017.



Local residents are also being encouraged to submit their views through a Future Generations Questionnaire Survey to inform the assessment of local well-being and help the Caerphilly Public Services Board plan for the needs of the Caerphilly county borough up to 2040. Below are links to both and English and Welsh on line consultation, with hard copies available on request (please call 01443 864447)

Please note the survey closes on 30 September 2016.

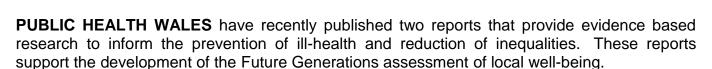
English questionnaire survey link:

https://www.snapsurveys.com/wh/s.asp?k=147091329202

Welsh questionnaire survey link:

https://www.snapsurveys.com/wh/s.asp?k=147142984507

Healthier Caerphilly (Tracey Deacon, Public Health Wales) HSCWB@caerphilly.gov.uk



1. Adverse Childhood Experiences (ACE) study

This report is one in a series identifying the substantial negative impacts that adverse experiences during childhood have on an individuals' physical and mental health. Childhood stressors, collectively called ACEs (Adverse Childhood Experiences) arise not only from the abuse and neglect of children, but also where children grow up in households where they are routinely exposed to issues such as domestic violence, alcohol and other substance misuse.

Exposure to ACEs can alter how children's brains develop as well as changing the development of their immunological and hormonal systems. Subsequently those with greater exposure to ACEs are more likely to go on to develop health-harming and anti-social behaviours, often during adolescents, such as binge drinking, smoking and drug use. Ultimately such poor health and social behaviours means individuals progress more rapidly to develop diseases such as diabetes, cardiovascular disease and mental ill health. ACEs are not just a concern for health, as experiencing ACEs means individuals are more likely to perform poorly in school, more likely to be involved in crime and ultimately less likely to be a productive member of society.

People who experience ACEs as children often end up trying to raise children in households where ACEs are more common. Such a cycle of childhood adversity can lock successive generations of families into poor health and anti-social behaviour for generations; addressing ACEs can therefore benefit future generations. The study showed:

- Experiencing **four** or more harmful experiences in childhood increases the chances of high-risk drinking in adulthood by **four** times, being a smoker by **six** times and being involved in violence in the last year by around **14** times.
- Around one in every seven adults aged 18-69 years in Wales had experienced four or more Adverse Childhood Experiences during their childhood and just under half had experienced at least one.
- Those living in areas of deprivation are at greater risk of experiencing multiple ACEs.

2. Making a Difference: Investing in Sustainable Health and Well Being for the People of Wales

This report highlights 10 key areas for action that Wales should prioritise to enable significant improvements in health and well-being, a reduction in inequalities, and a maximum return on investment for the economy. The report makes the case that investing in the prevention of poor health would result in healthy population, outcomes and far-reaching benefits across all aspects of society and lives.

These benefits include improving educational attainment for young people, increasing employability, and reducing the risk of criminal activity and ill-health in later life. Such an approach would also result in real cost savings, and deliver short and long-term benefits to society, communities and the economy.

Some examples of key savings outlined in the report include:

- Anti-bullying interventions in schools could return £15 to taxpayers for every £1 spent
- Improving mental health in the workplace could produce annual savings of £250,607 for an organisation with 1000 employees
- £1.35 would be returned for every £1 spent on targeted flu vaccination
- Increasing cycling and walking in urban areas could save £0.9 billion for the NHS in Wales over 20 years.

Learning Caerphilly (Sarah Mutch)

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PLAY DAYS

Families First, Communities First, Supporting People and Flying Start in partnership with the Gwent Association of Voluntary Organisations play team, have delivered four Play in the Park events at Waunfawr, Ystrad Mynach, Rhymney Parks and The Hanger at Aberbargoed, which were well attended by families, children and young people. The big Play Day event hosted in Morgan Jones Park reached nearly 3000 people, despite the poor weather.

ANTI POVERTY PROGRAMMES COMMISSIONING OPPORTUNITIES

Families First, Communities First, Supporting People and Flying Start commissioning opportunities are now being looked at across the four anti-poverty programmes for services to be delivered from April 2017. The *Joint Assessment Family Framework* (JAFF) has been developed and is in draft format, along with guidance notes for completion of the JAFF. The JAFF will be used for all referrals for families into the anti-poverty programmes for preventative work, i.e. Families First, Supporting People and Flying Start. The Communities First Pupils Deprivation Grant funding is no longer funded through Welsh Government some interventions have unfortunately been discontinued.

CASE STUDY FROM BRIDGES INTO WORK 2 (BIW2)

Participant V H expressed an interest in the BIW2 project during a promotional session at a basic skills class in the Caerphilly county borough. VH had been unemployed for over 4 years

and economically inactive. During the sessions VH was helped to set up a Universal Job Match Account and develop his CV and uploaded on to relevant job search sites.

VH was concerned about his financial situation so was referred to the Citizens Advice Bureau (CAB) for support. During the CAB session an appointment with the job centre was arranged to see an advisor about VH signing up to claim Job Seekers Allowance. This was successful, and VH was able to claim almost straight away.

Since VH has been working with the BIW2 he has attended First Aid and Manual Handling courses. VH also showed an interest in becoming a local befriender with the Dementia Awareness Society and has carried out the taster course to raise awareness and refresh his current skills.

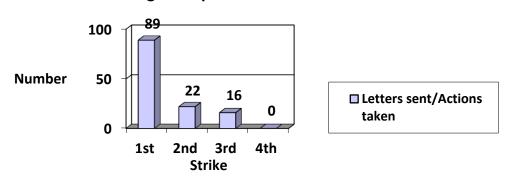
During the sessions VH has been supported when applying for jobs and encouraged to apply for appropriate ones linked to his skills and experience. VH was successful with one particular application form where he had an interview and consequently got the job as a Care Support Worker for New Bridges Care Home. VH is currently being supported during his journey into employment.

Safer Caerphilly (Natalie Kenny)

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SAFER CAERPHILLY ANTI-SOCIAL 4 STRIKE PROCESS

4 Strike Figures April 2016 - June 2016



The Anti-Social Behaviour Crime and Policing Act 2014 commenced on 20th October 2014. This legislation introduced a range of new tools and powers to address anti-social behaviour. The well-established Safer Caerphilly Anti-Social Behaviour 4 Strike Process used in the Caerphilly county borough remains relatively unchanged, but has incorporated the changes brought about by the 2014 Act. This is a multi-agency process which seeks to address perpetrators of anti-social behaviour (ASB) whilst also providing support to victims and witnesses. Throughout April 2016 to June 2016 the following number of interventions to address ASB took place:

These figures illustrate the success of the first 3 strikes of the process (which include letters to the perpetrator, acceptable behavior contracts, mentoring programmes and support from various agencies including Housing, Social Services, Education, Youth Services and Positive Futures) in deterring future ASB. Under the previous legislation the Anti-Social Behaviour Order was utilised at the Strike 4 stage. However, under the new legislation the Civil Injunction is now used by Safer Caerphilly for individuals who fail to engage with the process or to moderate their behaviour. During April 2016 to June 2016 no injunctions were sought through the courts.

SAFER CAERPHILLY TWITTER

The Safer Caerphilly Partnership Twitter account @SaferCaerphilly continues to gain followers and provide community safety messages and updates whilst also promoting the Safer Caerphilly brand. From April 2016 to June 2016 the @SaferCaerphilly Twitter page was visited a total of 4,883 times, and Tweets earned a total of 43.5k impressions, equating to Safer Caerphilly tweets being seen by 478 individuals per day.

DOMESTIC HOMICIDE REVIEW (DHR)

DHRs were established on a statutory basis under Section 9 of the Domestic Violence, Crime and Victims Act 2004. The Act creates an expectation for local areas to undertake a multiagency review following a domestic violence homicide. This provision came into force on 13th April 2011. On the 3rd May 2016, there was a domestic violence homicide incident within Caerphilly county borough area. It is the responsibility of the Community Safety Partnership (CSP) to determine if the case should be subject to a Domestic Homicide Review, to inform the family and the Home Office of this decision and to set up a review panel to include the statutory members of the CSP and other relevant agencies.

The Community Safety partners met, and agreed that the case met the threshold to proceed. The CSP are now in the process of appointing an independent Chair to undertake the review. A tendering process to appoint the independent Chair through the Council's Procurement Process is currently being carried out. The review will commence in September 2016 and will be completed within a 6 month timescale subject to the ongoing investigation into the incident.

DOMESTIC ABUSE SERVICES

In 2007 the Community Safety Partnership opened a *one-stop-shop* for domestic abuse for victims of domestic abuse and their families to seek appropriate help and advice that they may need at the multi-agency center (MAC) based at Cameron House in Ystrad Mynach. Unfortunately funding for the lease for the building could not be secured past August 2016. Therefore the domestic abuse agencies based at the MAC will need to find alternative accommodation. Llamau are in the process of moving to a building in Caerphilly town and have offered space for the Caerphilly Independent Domestic Violence Advocate to move her local service there. This will ensure that domestic abuse victims will continue to have a local service from agencies.

If you would like any information on the work of Safer Caerphilly please contact Natalie Kenny on: 01495 235442 or e-mail: Safercaerphilly@caerphilly.gov.uk

Greener Caerphilly (Paul Cooke)

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Outcome G1 - Improving local environmental quality

Healthy Rivers programme

The Healthy Rivers programme has been continued into 2016-17, with partners actively working on projects across the Caerphilly county borough. In partnership with Groundwork Healthy Rivers Project and Natural Resources Wales (NRW) Trelyn Primary School in Pengwm

successfully raised their Salmon eggs (from NRW hatchery at Cynrig) in their classroom. On 6th July 2016 the children released their Salmon Fry into the Rhymney by their school. They also got the opportunity to try kick sampling and were involved in an electrofishing demonstration on the river to show them what else lives in their river. Brown trout, Salmon and Bullhead were caught.

Outcome G2 – Reducing the causes of, and adapting to the effects of Climate Change

Sirhowy Valley Honey BEES (Bees Educating Eco Schools)

The SVH BEES project is a partnership project between Ynysddu Primary School, the Sirhowy Valley Honeybee Company and the Caerphilly County Borough Council Sustainable Development Team, to install an interactive viewable bee hive house in the school grounds of Ynysddu Primary School. The beehive house is split into two sections, one section is the interactive part, where there are three bee hives and space for the children, who will be wearing bee suits, to work with the bees and learn about bee keeping and the importance of pollinators. The other section is the viewing area, where pupils can watch the bees and the pupils working with the bees without having to be in the same area as the bees. There is also a sealed observation hive in the viewing area so the pupils can see inside a hive without having to be in the bee area.

The project will help to improve the local environment and help save the local bee population and support pollination, whilst educating the local community and schools. It will encourage schools to incorporate learning about pollinators/ honeybees in the curriculum, to support the National Literacy and Numeracy Framework.

Schools have the opportunity to visit the interactive bee hive house to take part in an interactive workshop, where the pupils learn how to manage and maintain the beehives. The workshops will include learning about:

Why bees are important Pollinators
How to approach a bee hive
Honey and how it is made
How to behave around bees
Life in a hive –how the bees work/ live
Prevent swarming
Protective bee suits

The workshops commenced in April 2016 to allow school groups to learn about the importance of pollinators, honeybees and bee keeping. Groups of up to 15 pupils plus staff can participate in each workshop.

G3. Maximising the use of the environment for health benefits

Support and promote water related activities

Natural Resources Wales (NRW) have stocked the pond at Cwmcarn Forest Drive with coarse fish, including Carp, Rudd and Roach. This has enabled the local fishing club to hold regular Saturday morning drop in sessions for taster angling sessions to increase the number of people participating in the sport. NRW have also stocked Pen y Fan Pond with brown trout from their hatchery.

Equalities (Anwen Rees)

equalities@caerphilly.gov.uk

PRIDE Cymru

Caerphilly County Borough Council shared a stand at Pride Cymru on 13th August in Cardiff as part of a consortium of equalities officers from Rhondda Cynon Taf County Borough Council, Torfaen County Borough Council, Blaenau Gwent County Borough Council, Swansea City Council, Carmarthenshire County Borough Council, Merthyr Tydfil County Borough Council and South Wales Fire and Rescue Service. The organisations used the opportunity to survey attendees at the event to ask them *How can we provide better services?* The event was an opportunity to show the Lesbian Gay Bisexual Transgender (LGBT) community that we fully support and promote mutual respect and equal access to services regardless of sexual orientation or gender identity.

Caerphilly County Borough Council Commendation from Stonewall

Stonewall, Britain's lesbian, gay, bi and trans equality charity has named Caerphilly County Borough Council as the *most improved local authority* in Britain for tackling homophobic, biphobic and transphobic bullying and celebrating difference in its schools. This comes as the Charity published the *Stonewall Education Equality Index 2016*, listing the top 10 local authorities in Britain. The Index measures practice and policy at all of the participating local authorities. 50 local authorities submitted entries to the 2016 Index, which is the most competitive to date.

Caerphilly County Borough Council impressed with its dedication to promoting mutual respect and equal access to services for all young people, regardless of sexual orientation or gender identity. All schools in the local authority have been provided with written guidance in accordance with their duties and responsibilities in relation to prejudice-based bullying. The Council explicitly states in written documents that schools must address and monitor all forms of bullying including homophobic, biphobic and transphobic bullying, and joint work is currently underway to produce guidance for schools in relation to management of trans issues. This includes a range of lessons developed to address bullying and including LGBT issues across the curriculum.

Caerphilly County Borough Council has also developed a panel with a primary function to ensure that key specified agencies work together in partnership to ensure that Caerphilly County Borough Council is a safe, happy environment for all young people.

Keri Cole, Chief Education Officer, Caerphilly County Borough Council said:

We have taken part in the Stonewall Education Equality Index for two years and we value the opportunity to audit our work annually and work against an action plan to continually improve our practices. The Index challenges us to ensure that we are moving forward with this work and making a difference to LGBT young people on a county wide level.

Cllr Derek Havard, Cabinet Member for Education and Lifelong Learning added:

Caerphilly Council is delighted that the valuable work being undertaken has been recognised by Stonewall

Andrew White, Director, Stonewall Cymru said:

Caerphilly have put an outstanding effort into their Education Equality Index submission this year, and we're thrilled that they have been awarded Stonewall's Most Improved Local

Authority. We have a fantastic network of Education Champion local authorities who have all achieved some excellent work and we are very proud that one of them has received recognition across Britain.

Link to: Stonewall Education Equality Index 2016 -

https://www.stonewall.org.uk/sites/default/files/education_equality_index_2016.pdf

50+ Positive Action (Mandy Keenan)

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A number of useful resources have been made available to the public, residents groups and forums across Wales via the new <u>50+ Positive Action</u> page on the Caerphilly County Borough Council's website. For example there are is a *Tidy Gin* games pack with quizzes, word search and Dignity Scrabble and the *Dignity Do's & don'ts Snakes & Ladders Game*.

Caerphilly County Borough 50+ forum

- The Forum are working with Rhondda Cynon Taf 50+ Forum to make a Digital Story about their 50+ Discount scheme to help them evaluate and promote the scheme
- The Forum are working with Caerphilly County Borough Council's Policy Unit to assist them in the understanding what does Well-being mean to our older residents and what would make the biggest difference to their well-being in the future.
- The Forum has drafted responses to a number of consultations including Housing in later life and around regulations on the Social Services and Well-being (Wales) Act 2014
- The Forum's next social event and AGM is being held on 3rd November 2016 at Llancaiach Fawr in the afternoon. Further details are available from Mandy Keenan, but it is worth noting Members of the Forum will get a reduced price ticket to the event and also a chance to get a reduction off a tour around the excellent and interesting Llancaiach Fawr Manor.

Living Longer Ageing Well

 The Simon Says cartoons continue to be successful with two different ones now on waste collection lorries traveling the Caerphilly county borough. They can be download from the new <u>50+ Positive Action</u> page on the Caerphilly County Borough Council's Website.

For more information please contact Mandy Keenan on 01443 864277 or email spragm@caerphilly.gov.uk